

# eHealth and HL7 in Estonia

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#### Kerli Linna

- My background:
  - Optometry (until 2012)
  - Master's degree in Healthcare Technology (2010-2013)
  - Standardization Specialist at Estonian eHealth Foundation (ETSA) (2012-2015)
  - Member Forum rep of Estonia in Snomed International

#### • Currently:

- Head of Data Management Divison at TEHIK (from 2018)
- eHealth & Healthcare Technology lecturer at Tallinn Healthcare College
- Interoperability and Quality Management lecturer at TalTech
- General Assembly rep of Estonia in Snomed International
- Estonian rep at eHN Subgroup of Semantics



# Estonian ehealth is built on top of eEstonia

### essential

#### Best secret weapons.

- + internet is a social right
- + every Estonian resident has an electronic ID
  + 99% of services are online
- Estonians trust e-solutions
- + population: 1.3 million
- + area: 45,228 km2
- + currency: Euro
- + member of: EU, NATO, WTO, OECD, DIGITAL 9
- + ICT sector employees: 5,9% of workforce



# National Health Information System

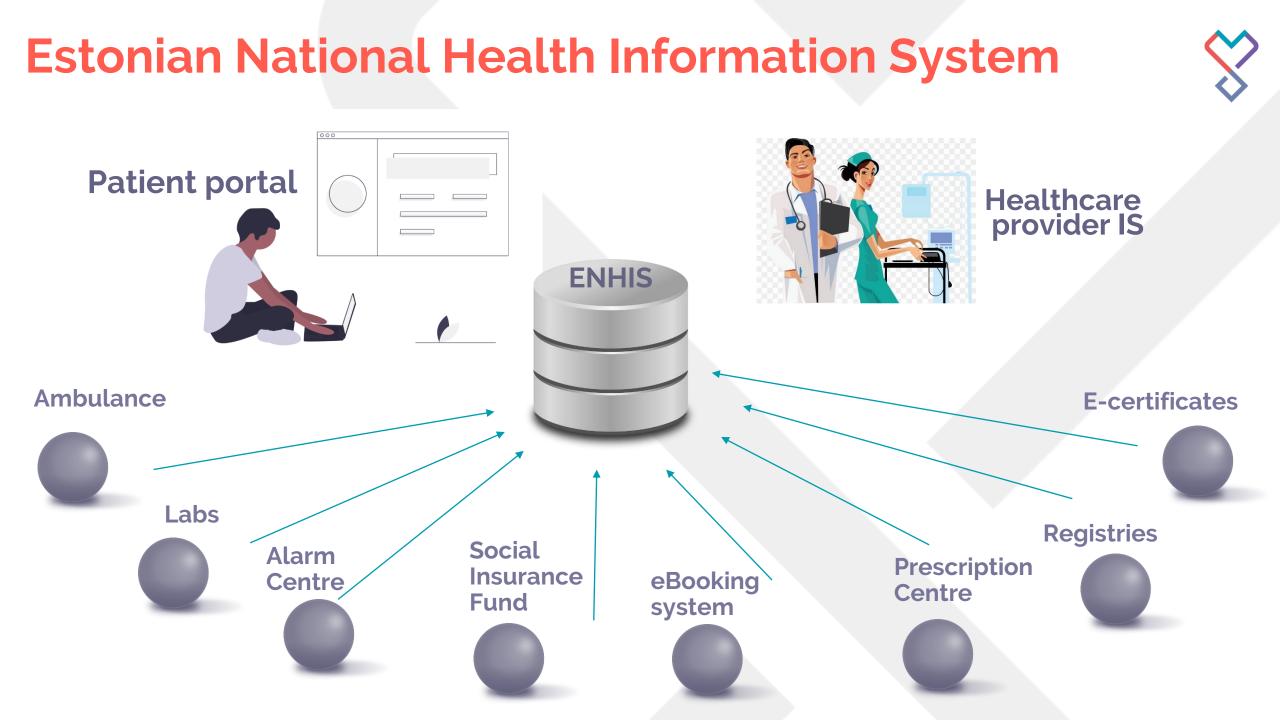
# **Electronic Health Record**



- The National Health Information System (ENHIS) started in Estonia in 2008.
- Data are visible to all clinicians who treat patients and patients can see their own data through Patient Portal and see who have accessed their data.

# PRINCIPLES

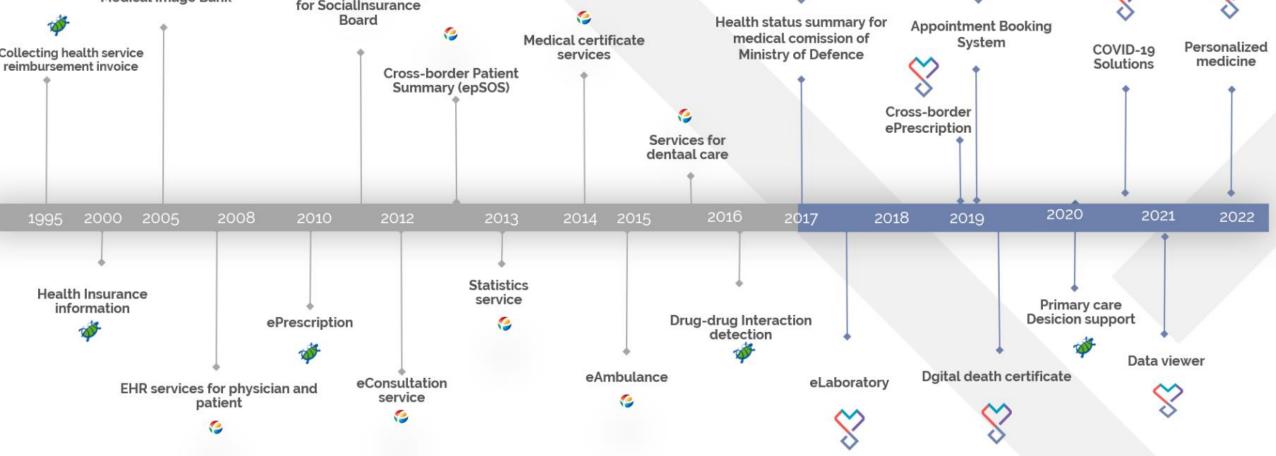
- All healthcare providers must send data to Health Information System
- Access only to licensed medical professionals
   (incl: healthcare specialist like speech therapist, physiotherapist, optometrist)
- Patient has the right to close his/her own data collected in the central database (opt out)
- Patient can access their own data (Patient's Portal)
- Patient can declare their intentions and preferences
- Patient can monitor visits to their HIS

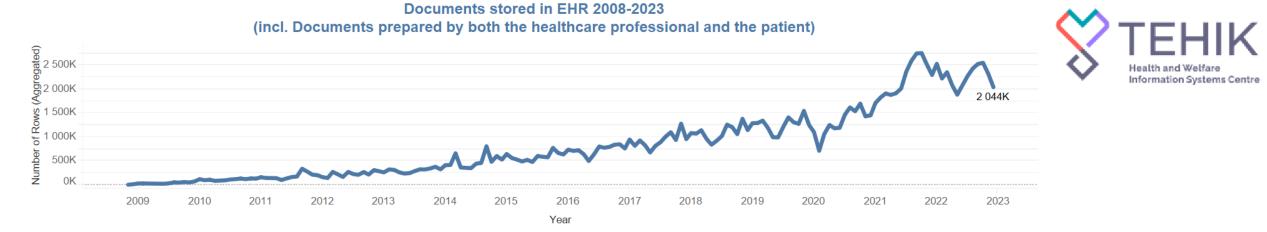


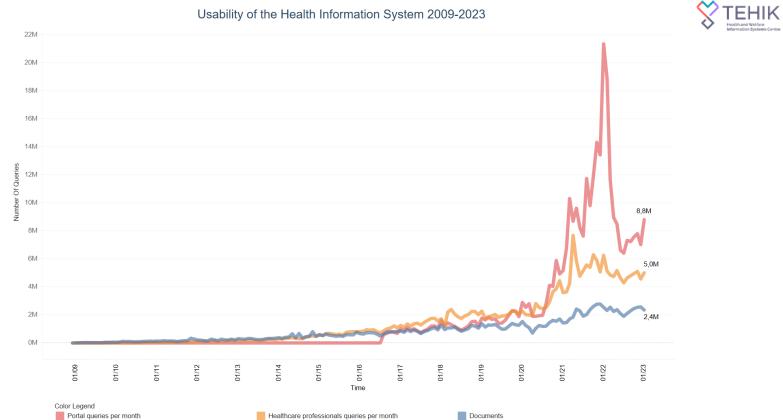
# **Current EHR basics**

- Integration through central system
- Opt-out policy in form "patient can close data from doctors"
- XML based HL7 v3 (extended) messages
- Documents are kept in XML format (HL7 CDA R2)
- Reuse of national infrastructure
- e-ID for authentication and digital signature
- X-road for secure data exchange

E-Health Services







#### Total number of documents received

Total	141,2M
2023	4,4M
2022	27,8M
2021	24,6M
2020	15,6M
2019	14,8M
2018	12,8M
2017	10,6M
2016	8,4M
2015	6,9M
2014	5,8M
2013	3,5M
2012	2,5M
2011	2,0M
2010	1,2M
2009	0,3M
2008	0,0M

Data as of: 01.2023

**STATISTICS** 

# **Documentation regulation**



### Health Services Organisation Act

Compliance with the requirements for maintaining records, use of the **classifications**, **directories**, **address** details prescribed in the State Information Systems and standards of the Health Information System is mandatory upon maintaining records of the provision of health services.

### Regulation No. 53 of the Minister of Social Affairs

"Data compositions of documents sent to the Health Information System and conditions and procedure for their submission"

The Regulation establishes the **data sets of documents** sent to the EHR and the conditions and rules for their submission.

# **Documents sent to central EHR**



#### **Case summaries**

- Out-patient case summaries
- Day-Care case summaries
- In-Patient case summaries
- Newborn discharge summaries
- Home nursing and independent inpatient nursing summaries
- Ambulance charts

#### **Referrals & Examinations**

- Referral letters
- Image references
- Referral reply letters

#### Immunization notifications

#### Prescriptions

#### **Dental care**

- Dental care treatment report
- Dental status chart

#### **Children health checks**

- Pediatric development assessment reports
- Pediatric growth reoprts
- Pediatric health examination reports
- Pediatric consultation reports

#### • Outpatient medical case opening and closing report

Inpatient medical case opening and closing report

#### Working ability assessments

#### **Health Certificates**

#### **Health Declarations**

## Statement of intentions

#### Death documentation:

- Death report
- Causes of death report
- Cause of perinatal death report

#### Notices for communicable diseases

- HIV infection report
- Communicable disease
   report
- Suspected communicable disease report

# Documents composed by central EHR

- Time-critical data
- Statement request (medical tests, medical diagnosis, medical cases, prescriptions, declaration of intentions, appointments)
- Pediatric Health Record
- State of health description
- Dental status record
- Immunisation Passport
- State of health description for health care professional
- Patient Summary
- Health certificate
- COVID-19 services

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### **Digital Clinical** Document

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<?xml version="1.0" encoding="UTF <?xml-stylesheet type="text/xsl" <ClinicalDocument xmlns="urn:hl7-"urn:hl7-EE-DL-Ext:v1" xsi:schema urn:hl7-org:v3 http://pub.e-t urn:hl7-EE-DL-Ext:v1 http://pub.e-tervis.ee/standa <!--Märksöna muudatuste otsir <!--Märksöna muudatuste otsin <!--Märksöna muudatuste otsir <!-- Mall: Tehniline dokumend <typeId root="2.16.840.1.1138 <!-- Mall: Standardi versioon <templateId root="1.3.6.1.4.1 <!-- Mall: Dokumendi number <!-- OID ja dokumendi number Objective finding <id root="DokumendiNumbriOID" <!-- Mall: Dokumendi tüüp: am <code code="2" codeSystem="1. <!-- Mall: Pealkiri [1]--> <title>Ambulatoorne epikriis< <!-- Mall: Koostamise aeg [1] <effectiveTime value="2014111 <!--Mall: Konfidentsiaalsus <!-- konfidentsiaalsuse tunnu <confidentialityCode code="V" <!--konfidentsiaalsuse tu <translation code="R" cod <!--konfidentsiaalsuse tuColoscopy studies <translation code="N" cod </confidentialityCode> <!-- Mall: Keel [1]--> <languageCode code="EST"/>

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Digiloo Case No. 31 300. Outpatient Epicrisis 113 Version 1.

LY CUUSK 48905059995

#### Start: 05.05.2014 14:30:00 and end: 05.05.2014 14:30:00

Stayed in treatment: North Estonian Regional Hospital Foundation

#### Hide visits

Arrival mode: the fire itself Directed by : Mart Tamm (D11111) Specialty: E260 - Orthopedics Health care institution: AS Tamme Private Clinic (12345678) Delivery note number: 101

#### Return to brief view

| DEATH                 | Death time: 5/15/2014 12:00 PM |            |          |  |  |  |  |
|-----------------------|--------------------------------|------------|----------|--|--|--|--|
| Date of visit         | The emergency of the appeal    | Туре       | Species  |  |  |  |  |
| 5/4/2014 12:30:45 PM  | elective                       | home visit | primary  |  |  |  |  |
| 5/12/2014 12:30:45 PM | elective                       | visit      | primary  |  |  |  |  |
| 5/14/2014 12:30:45 PM | elective                       | visit      | repeated |  |  |  |  |

#### Final clinical diagnosis

#### The underlying disease

| Clinical diagnosis          | ICD-10 code and name                        | Statistical type |
|-----------------------------|---|------------------|
| Malignant neoplasm of colon | C18.8 - Malignant neoplasm of colon overlap | +                |

#### **Tumor data**

| Spread of malignant tumor | Stage | Degree of differentiation     | Lymphovascular invasion        |
|---------------------------|-------|-------------------------------|--------------------------------|
| pT4b cN2b pM1b            | IIA2  | High differentiation (step 1) | lymphovascular invasion occurs |

Radiological examination

Operations

Print

# International data exchange standards used in Estonian EHR

HL7 V3 - Version 3

XML based Messaging Standard – an interoperability specification for health and medical transactions

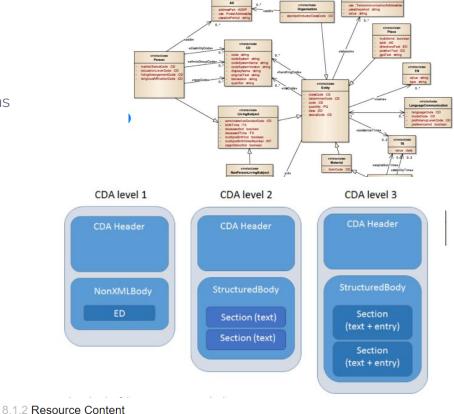
HL7 CDA® R2 - Clinical Document Architecture Release 2

XML based exchange model for clinical documents, based on HL7 Version 3

HL7 FHIR® R4 - Fast Healthcare Interoperability Resources

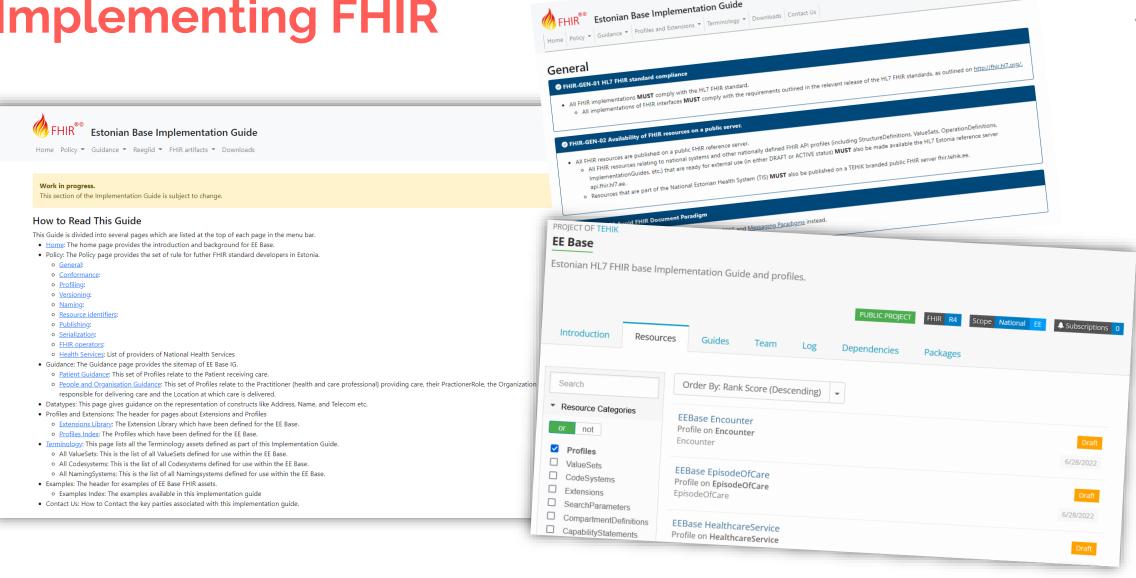
XML or JSON based standard for the exchange of resources





| Structure   | UML       | XML | JS    | ON    | Turtle     | R3 Diff | All        |   |  |
|-------------|-----------|-----|-------|-------|------------|---------|------------|---|--|
| Structure   |           |     |       |       |            |         |            |   |  |
| Name        |           |     | Flags | Card. | Туре       |         | Descript   | ion & Constraints   |  |
| Patient     |           | [   | N     |       | DomainRe   | source  |            | on about an individual or animal receiving health care<br>defined in Ancestors: id, meta, implicitRules, language |  |
| - 🎲 identif | fier      |     | Σ     | 0*    | Identifier |         | An identif | ier for this patient  |  |
| 💶 active    |           |     | ?!Σ   | 01    | boolean    |         | Whether t  | this patient's record is in active use  |  |
| 🌍 name      |           |     | Σ     | 0*    | HumanNar   | ne      | A name a   | ssociated with the patient  |  |
| - 🍅 teleco  | m         |     | Σ     | 0*    | ContactPoi | nt      | A contact  | detail for the individual   |  |
| 💶 gende     | r         |     | Σ     | 01    | code       |         |            | male   other   unknown<br>ativeGender (Required)  |  |
| 💷 birthD    | ate       |     | Σ     | 01    | date       |         | The date   | of birth for the individual   |  |
| -@ decea    | sed[x]    |     | ?!Σ   | 01    |            |         | Indicates  | if the individual is deceased or not  |  |
| 💶 dec       | easedBool | ean |       |       | boolean    |         |            |   |  |

# **Implementing FHIR**

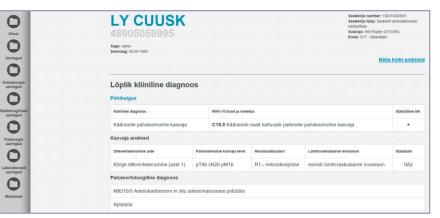


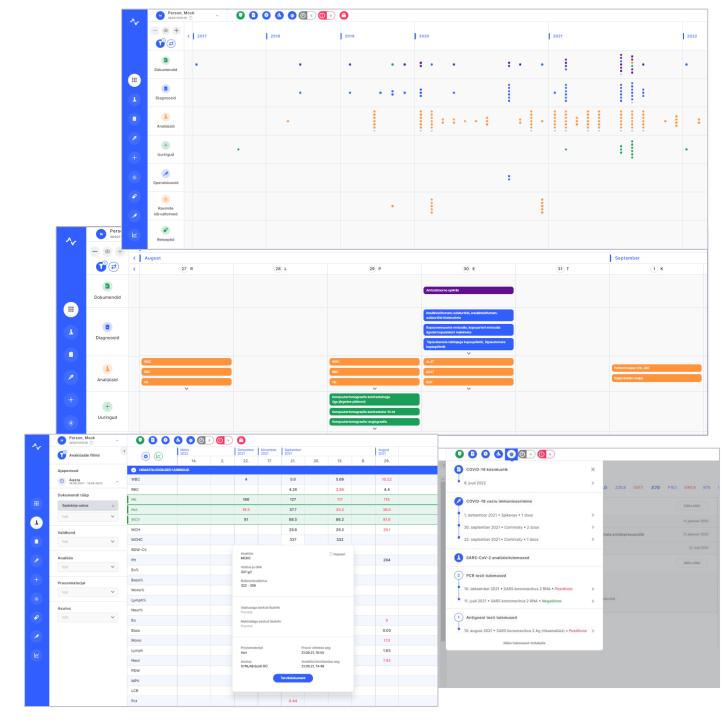
HIR<sup>\*\*</sup> Estonian Base Implementation Guide

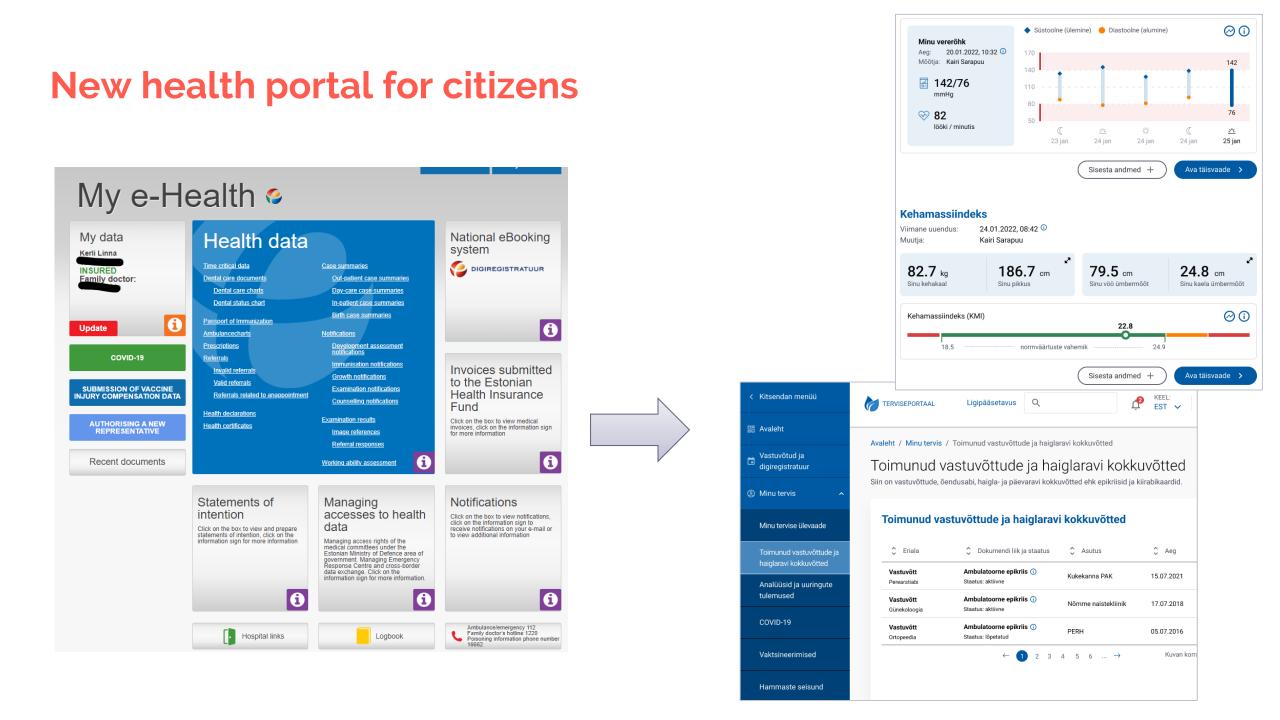
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# New solutions for viewing health data

| Тüüр                                       | Loomise<br>aeg   | Looja<br>asutus                        | Autor | Nr   | Haiguslugu    | Toimingud |
|--|------------------|--|-------|--|---------------|-----------|
| Ambulatoorne<br>epikriis                   | 30.04.2018 11:41 | OÜ Hekamerk                            |       | (1.3.6.1.4.1.28284.1.149.2.2)<br>29806                       | 29806         | Ava       |
| saatekirja vastus                          | 04.10.2017 17:25 | Sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>7480                    |               | Ava       |
| saatekiri<br>ambulatoorsele<br>vastuvõtule | 18.09.2017 15:59 | OÜ Hekamerk                            |       | (1.3.6.1.4.1.28284.1.149.2.2)<br>26908                       |               | Ava       |
| Ambulatoorne<br>epikriis                   | 18.09.2017 15:54 | OÜ Hekamerk                            |       | (1.3.6.1.4.1.28284.1.149.2.2)<br>26900                       | 26900         | Ava       |
| saatekirja vastus                          | 12.09.2017 14:01 | sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>7990                    |               | Ava       |
| saatekirja vastus                          | 14.07.2017 10:30 | sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>7482                    |               | Ava       |
| Saatekirja vastus                          | 17.02.2017 14:35 | sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.29907.1.1.26.3)<br>17-268-1→medicum.SK-E-<br>74 | 20170124-0087 | Ava       |
| Saatekiri<br>e-konsultatsioonile           | 07.02.2017 00:14 | MEDICUM<br>PEREARSTIKESKUS<br>AS       |       | (1.3.6.1.4.1.28284.1.182.2.2.6)<br>medicum.SK-E-114          | 3737306       | Ava       |
| Saatekiri<br>e-konsultatsioonile           | 25.01.2017 12:07 | MEDICUM<br>PEREARSTIKESKUS<br>AS       |       | (1.3.6.1.4.1.28284.1.182.2.2.6)<br>medicum.SK-E-80           | 3737095       | Ava       |
| Saatekiri<br>e-konsultatsioonile           | 24.01.2017 12:48 | MEDICUM AS                             |       | (1.3.6.1.4.1.28284.1.8.2.2.6)<br>medicum.SK-E-74             | 3737074       | Ava       |
| Vastus<br>saatekirjale                     | 16.01.2017 16:05 | sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>5234                    |               | Ava       |
| Vastus<br>saatekirjale                     | 12.01.2017 15:04 | Sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>4986                    |               | Ava       |
| Vastus<br>saatekirjale                     | 29.12.2016 10:25 | sihtasutus Tartu<br>Ülikooli Kliinikum |       | (1.3.6.1.4.1.3516.13.1.2.1.5.1.3)<br>5019                    |               | Ava       |







# e-health

#### the healthiest system

- + digital health data
- + e-prescription
- + e-ambulance
- + e-booking
- biobank with 200 000 donors
- personalised medicine

# Thank you for taking the time to think along!



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